LOGO

Techinal Tactical Player Development Matrix

Footwork & Athletic Development	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Running Tecnique	✓	✓	✓	✓			
Change of Pace	✓	✓	✓	✓			
Change of Direction	✓	✓	✓	✓	✓		
Jumping / Rebounding	✓	✓	✓	✓	✓		
Stopping (jump and Stride Stops)	✓	✓	✓	✓	✓		
Pivioting (Forward and Reverse)	✓	✓	✓	✓	✓		

Terminology	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Court	✓	✓	✓	✓	✓		
Player roles and postistion		✓	✓	✓	✓	✓	

Rules of the game	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Scoring		✓	✓	✓			
Double dribble	✓	✓	✓				
traveling violation	✓	✓	✓				
back court violation		✓	✓				
jump ball	✓	✓	✓				
fouls (hands)	✓	✓	✓				
Fouls (Blocking)	✓	✓	✓				
Fouls on shooter	✓	✓	✓				
Five fouls on player		✓	✓				
Five team fouls (Bonus)		✓	✓				
3 Seconds in the Key		✓	✓	✓			
8 Seconds in the Backcourt			✓	✓			
Out of Bounds	✓	✓	✓				
24 second shot clock	✓	✓					
Free Throws		✓	✓	✓			

Dribbling & Ball handling	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Fundamentals ball controll	✓	✓	✓	✓			
Speed Dribble		✓	✓	✓	✓		
Control Dribble	✓	✓	✓	✓			
Straddle / Protection Dribble		✓	✓	✓	✓		
Retreat Dribble		✓	✓	✓	✓		
Freeze / Hestitation Dribble		✓	✓	✓	✓		
Crossover Dribble	✓	✓	✓	✓	✓		
Spin Dribble			✓	✓	✓	✓	
Behind the Back Dribble			✓	✓	✓	✓	
In & Out Dribble		✓	✓	✓	✓		
Between the legs			✓	✓	✓	✓	

LOGO

Techinal Tactical Player Development Matrix

Passing and Catching	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Ready position / Stance	✓	✓	✓	✓	✓		
Catching / Receiving	✓	✓	✓	✓			
Move to the ball	✓	✓	✓	✓			
Chest pass	✓	✓	✓	✓			
Bounce Pass	✓	✓	✓	✓			
Overhead Pass / Skip Pass			✓	✓	✓	✓	
Pass Fakes			✓	✓	✓	✓	
Step Around			✓	✓	✓	✓	
Swing Step			✓	✓	✓	✓	
Flick & Push Pass			✓	✓	✓	✓	
Curl Pass			✓	✓	✓	✓	
Touch Pass				✓	✓	✓	✓
Lob Pass				✓	✓	✓	✓
Drag and Kick				✓	✓	✓	✓
Hook Pass				✓	✓	✓	✓
Creative passing				✓	✓	✓	✓

Shooting & Finishing	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Lay up - dominant hand	✓	✓	✓	✓	✓		
lay up - non dominant hand		✓	✓	✓	✓	✓	
Reverse layup			✓	✓	✓	✓	
Power layup			✓	✓	✓	✓	
running hook shot				✓	✓	✓	✓
dead ball move - hook			✓	✓	✓	✓	✓
Dead ball move - step through			✓	✓	✓	✓	✓
Dead ball move - Step Across			✓	✓	✓	✓	✓
Dead ball move - Reverse Pivot			✓	✓	✓	✓	✓
Dead Ball move - forward pivot			✓	✓	✓	✓	✓
Form Shooting & Shot Technique			✓	✓	✓	✓	✓
Free Throws (Routine)			✓	✓	✓		
Catch Shoot - 3s			✓	✓	✓	✓	
Catch Shoot - 2s			✓	✓	✓	✓	
Shooting off dribble 3s (coming off screens)				✓	✓	✓	✓
Shooting off dribble 2s (1/2 bounce jumpers)				✓	✓	✓	✓

Individual Offence	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Triple Threat positsion	✓	✓	✓	✓	✓	✓	
Jab step - onside move							
Jab Step - crossover move							
Jab step - Shoot				✓	✓	✓	✓
Throw down dribble			✓	✓	✓	✓	✓
Shot fakes		✓	✓	✓	✓	✓	
Posting up technique (Target hand)				✓	✓	✓	✓
Post up moves - drop step				✓	✓	✓	✓
Post up moves - spin move				✓	✓	✓	✓

LOGO

Techinal Tactical Player Development Matrix

Post up moves - face up moves				✓	✓	✓	✓
post movess - low and slow moves				✓	✓	✓	✓
Getting open - making a lead		✓	✓	✓	✓	✓	✓
1/2 driible & change moves			✓	✓	✓	✓	

Individual Defence	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Defensive Stance	✓	✓	✓	✓	✓		
Guarding the ball - maintaining the gap	✓	✓	✓	✓	✓		
Footwork - big to bigger		✓	✓	✓	✓		
Footwork - don't open the gate			✓	✓	✓	✓	
Use of hands			✓	✓	✓	✓	
Turning the handler			✓	✓	✓	✓	
Chaneling			✓	✓	✓	✓	
Ball - you - man			✓	✓	✓	✓	
Jumping to the ball			✓	✓	✓	✓	
closing out (contest and contain)			✓	✓	✓	✓	
Defending the cutters			✓	✓	✓	✓	
Defending the screens			✓	✓	✓	✓	✓

Rebounding	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Protection of the ball		✓	✓	✓	✓	✓	
Anticipation	✓	✓	✓	✓	✓		
Boxing out		✓	✓	✓	✓	✓	
Offensive swim technique/ positsion		✓	✓	✓	✓	✓	
Defensive - outlet, bust out		✓	✓	✓	✓	✓	
Team rebounding	✓	✓	✓	✓	✓	✓	

Team Offensive	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Transitsion offense - floor spots	✓	✓	✓	✓	✓	✓	
Transitsion offesne - advanced (with screens)					✓	✓	✓
Fast Break principles 2v1	✓	✓	✓	✓	✓	✓	
Fast break principles 3v2			✓	✓	✓	✓	
Fast Break Principles 4v3				✓	✓	✓	✓
Spacing	✓	✓	✓	✓	✓	✓	
Timing			✓	✓	✓	✓	
Pass, cut, Replace			✓	✓	✓	✓	
Ball Reversal		✓	✓	✓	✓	✓	
Reciever Spots - Wing baseline drive			✓	✓	✓	✓	
Reciever Spots - Wing middle drive			✓	✓	✓	✓	
Reciever Spots - Guard Baseline Drivbe			✓	✓	✓	✓	
Reciever Spots - Guard middle drive			✓	✓	✓	✓	
2man game -ball screens				✓	✓	✓	✓
2man game - dribble handoff				✓	✓	✓	✓
2man game - pinch post				✓	✓	✓	✓
Post trinagle (wing pass to post)				✓	✓	✓	✓
Post triange (high low)				✓	✓	✓	✓
Down Screens				✓	✓	✓	✓

LOGO

Techinal Tactical Player Development Matrix

Back Screens				✓	✓	✓	✓
Back Screens / up Screens				✓	✓	✓	✓
Flare Screens				✓	✓	✓	✓
Staggered (Double Screens)				✓	✓	✓	✓

Team Defence	**U8**	**U10**	**U12**	**U14**	**U16**	**U18**	**U20**
Communication - Declare Ball		✓	✓	✓	✓	✓	
Communinmcation - "Shot"prepare to box out			✓	✓	✓	✓	
Communication - Stay and Go (rotations)			✓	✓	✓	✓	✓
Communication - advance				✓	✓	✓	✓
Transation Defence			✓	✓	✓	✓	
On the line / up the line			✓	✓	✓	✓	
Advantage / Disadvantage 2v1		✓	✓	✓	✓	✓	
Advantage / Disadvantage 3v2			✓	✓	✓	✓	
Advantage / Disadvantage 4v3				✓	✓	✓	✓
Shell Drill pinciples - positioning			✓	✓	✓	✓	
Shell Drill Prinicples - Rotations			✓	✓	✓	✓	✓
On ball screens (side defense)				✓	✓	✓	✓
On ball screens (middle defence)				✓	✓	✓	✓
On ball Screen (Varous angles)					✓	✓	✓
Defending down screens				✓	✓	✓	✓
Defedning back / upscreens				✓	✓	✓	✓
Defending flare screens				✓	✓	✓	✓
Defending stagger (double screens)					✓	✓	✓